

College Career Workshop: Life after College

Time needed: 1 hour

- i. Goal setting: With mentor, discuss and record:
 - a. Where you plan to be in 3 years, 5 years, 10 years.
 - b. What does success mean to you?

Example ideas to prompt: having 1 car, having 2 cars? Not having to worry about rent? Owning a house? Owning a house and helping your parents pay for rent? Helping your siblings go to college?
 - c. Share in larger group.

Notes: You might be asked about your goals in job interviews, so it is helpful to have an answer prepared.

- ii. Thinking about a major or concentration
 - a. Ask: What kinds of things do you think you can study in college? (write on the board) Then ask, What kinds of jobs do you think people get when they study these things?
 - i. You don't have to choose a major right away, and you can change.
 - ii. Many schools offer similar majors, but every college has a different variety.
 - b. Hand out UMass majors list, and other schools if we have them.
 - i. Mentors share what their majors are, and some highlights of interesting classes or projects
 - c. Show chart of Majors & Sample jobs

- iii. After College
 - a. Talk about how colleges have career centers and job fairs
 - b. Show Average Annual Income & Average Lifetime Earnings charts
 - c. Hand out Holyoke Chamber of Commerce list to highlight how going to college and getting a career doesn't mean you have to leave
 - d. Fill out Career Goal Sheet